

# Monkey Valley Resort

## BEACH NATURE RESORT CAPE TOWN



### CONFERENCE WITH A CONSCIENCE

Nestled deep in the Noordhoek Milkwood forest at the foot of Cape Town's Chapman's Peak Drive is Monkey Valley Resort. The Resort has an unparalleled view of the 8km Noordhoek beach and a 400 year old Milkwood forest and Nature Reserve.

Monkey Valley was built on an environmentally sustainable ethos to preserve the natural beauty of the area and is a top holiday and business destination. No environmentally damaging products or chemicals are used on the resort, nor do we harm any living creature.

We offer a variety of unique Venue's and we can help you organise anything from small Executive meetings to a large International congress. This is a perfect setting for Inspiration and Tranquillity, with breath-taking scenery, luxury accommodation, friendly staff and our licenced Thorfynns Restaurant & bar.

Although the Resort is in close proximity to Cape Town City center (only about 30 minutes), Cape Town International Airport and other amenities, you will feel as if you're in another world from the minute you arrive.



**MONKEY VALLEY RESORT - THORFYNN'S RESTAURANT & DECK**

## **VENUES**

Monkey Valley is considered to be one of the most powerful sites in South Africa for top level think tanks and productivity. We have been told it is because of the Feng Shui and it is due to the presence of the very old trees. Guests are always commenting on how well they sleep here. On top of that we will go out of our way to do everything you need to make your conference at Monkey Valley Resort a great success!

Please note, optional extras for Venues, such as Audio equipment & Microphones, Podium, Extra flip charts, Laser pointer & Photocopying is by arrangement & prices on request.



**TREE TOPS**  
**Conference Setup**  
Cinema Style 150  
School Room 60  
Single U-Shape 28  
Double U-Shape 40  
Boardroom 32



**LAPA**  
**Conference Setup**  
Cinema Style 80  
School Room 45  
U-Shape 30  
Double U-Shape 40  
Boardroom 50



**POOL ROOM**  
**Conference Setup**  
Cinema Style 35  
School Room 24  
U-Shape 20  
Boardroom 35

### **VENUE INCLUDES:**

- Conference Venue Hire
- Data projector, screen & speaker
- Flip charts & pens
- Notepad & pen
- Jugs of water & peppermints



## **EXCLUSIVE CONFERENCE PACKAGES**

### **CROWNED EAGLE**

Our 'Jewel' **Crowned Eagle Villa** offers VIP accommodation comprising of 8 Executive Suites and boasts the most spectacular views of Noordhoek Beach and surrounds.



It is the ideal meeting place for top level think tanks, boardroom meetings, workshops and executive conferences.

The Crowned Eagle Villa is luxurious and intimate, surrounded by a natural environment. This venue ensures privacy and tranquillity, which makes for a successful conference and a memorable experience for delegates.

Accommodation is for a maximum of 8 singles or couples – 16 maximum.



- The Accommodation and the Venue package, for a Maximum of 8 pax.
- Please note that every endeavour shall be made to accommodate any special requirements in relation to this conference package. Please contact us for a quote.
- Crowned Eagle is not applicable for Day Conferences.

## **CONFERENCE RATES**

**DAY CONFERENCE PACKAGE** – Lunch, AM & PM Teas & Full Day Conference  
R451.00 pp (Not Applicable for Crowned Eagle)

**SINGLE ACCOMMODATION PACKAGE** – SINGLE Accommodation, Meals & Full Day Conference R1 611.00 pp

**SHARING ACCOMMODATION PACKAGE** – SHARING Accommodation, Meals & Full Day Conference R1 332.00 pp

## ACCOMMODATION

You will be accommodated in our eco-friendly, Deluxe en-suite B & B rooms or Three Bedroom Cottages with spectacular views, nestled in amongst the lush greenery of the timeless Milkwood forest and the Cape's famous Fynbos.

### **DELUXE EN-SUITE B&B ROOMS**



There are 16 x **Deluxe en-suite rooms**, some with magnificent sea views, while others overlook the Milkwood forest. The furnishings of the rooms give a warm & rustic feel, complimented by a fireplace and private deck. All rooms are furnished with TV and tea & coffee stations.

### **THREE BEDROOM COTTAGES**



There are 15 x three bedroom, 2 bathroom, deluxe thatched, private **cottages** set in the Milkwood forest with fabulous views over the sea or forest.

All are self-catering with a spacious lounge/dining room with TV, with beautiful stone fireplaces and well equipped farm-house kitchens with a microwave and a dishwasher. All cottages have a deck or lawn terrace with stunning sea or garden views, outside hot shower and private braai.

### **Please note**

- We have free wireless connectivity.
- We offer 24 Hour security with ample parking under shady trees.
- We can cater for various dietary requirements. This must be discussed up-front.

## **TEAM BUILDING**

Today's workplace requires individuals to work as a team to meet challenging business goals and objectives. We use the power of Play to create memorable team building experiences that are fun and effective.

### **POTJIE & BRAAI COMPETITION**



#### **Potjie Competition**

##### **Maximum of 5 persons per team**

All ingredients will be provided, Teams to decide on choice of Beef, Seafood, Chicken or Vegetable

Ingredients station provided for teams to pick vegetables, sauce, spices and sundries. Teams are allowed to bring 1 Secret Ingredient along that could give them an edge.

All pots must be prepared from scratch on the day of the competition

Pots will be judged on the following criteria : Taste, Texture, Presentation and on cleanliness of overall area and Team Spirit throughout the competition (that also includes Dressing Up)

Pots will be cooked over wood and charcoal which will be provided.

The competition will be allocated a maximum of 2 hours cooking time

Your Secret Ingredient

*Rice and dessert to be provided by Monkey Valley*

*On request a satellite bar can be set up*

#### **Braaimaster Competition**

##### **Maximum of 5 persons per team**

All ingredients will be provided, teams can choose 1 meal selection from menu provided.

Ingredients station provided for sundries.

1 secret ingredient permitted per team.

Teams will prepare their own braais and meals from start to finish.

Braais, wood, charcoal, matches and firelighters are provided.

Braais are judged on the following criteria: Overall presentation, general cleanliness of workstation and most importantly – Taste - Your secret ingredient

Teams are allocated a maximum of 2hrs cooking time.

*Potato Salad and dessert to be provided by Monkey Valley*

*On request a satellite bar can be set up*



# DRUMMING

Leon Visser Phone: 073 654 6525 Email: [leonvissermusic@gmail.com](mailto:leonvissermusic@gmail.com)



Drums have been played in Africa for thousands of years to mark a special event. This interactive drumming experience is an energizing ice breaker encouraging you and your colleagues to relax, find their own rhythm, and join the group in creating a communal beat.

Our incredible musician and percussionist Leon creates a non-competitive environment in which people listen to one and another. Each participant will be given a drum, seated in a circle and invited to join in a drumming performance. A simple drumming rhythm starts and the group is taught to drum together, making music as a collective- a powerful connecting exercise.

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**Contact our Conference Team today for more information, a site inspection or a quote to suit your requirements.**

***Rates are inclusive of Vat.***

***PCO's and Agents enjoy a 10% commission on accommodation and venue hire.***

## **Payment Policy**

- **50% deposit secures your reservation**
- **Settlement due on presentation of invoice**

**Conference Manager : Judi Voerman**

**Email: [conferencing@monkeyvalleyresort.com](mailto:conferencing@monkeyvalleyresort.com)**

**Phone: +27 (021) 789 8000 Fax: +27 21 789 1143**

**Website: [www.monkeyvalleyresort.com](http://www.monkeyvalleyresort.com)**

**Physical Address: The far end of Mountain Road (off Beach Road) Noordhoek,  
Cape Town, South Africa**

**PLEASE NOTE: PRICES SUBJECT TO CHANGE**